



## RAINBOW

We Indians should be proud of being born in India, a spiritually oriented country, which was called as "a country of snakes" by British. Yes, in India we worship serpents, temples are exclusively for Naga Raja seen in India. Lord Vishnu's anantha sayanam is on five headed cobra. Lord Shiva is decorated with Naga serpent around his neck. Every year, Hindus celebrate Naga panchami. Ladies offer milk and conduct poojas to serpents, residing in ant-hill. When Vasudeva and infant Krishna were crossing the river in torrential rain to reach Gokulam, Adhi Sesha with his hood gave full protection for Vasudeva and infant Krishna.

In India, Hindus worship planets as Devathas. Best example is, we do Surya namaskar at dawn every day. Poojas are performed to propitiate Sun God. Agni hothra is performed in most of the houses. We worship Pancha Boothas, created by the Supreme Soul, distributed in the universe. The same Pancha Boothas are distributed in seven chakras of human body as five elements. The seven major chakras in the inner aura of metaphysical human body have their own specific location and colour, five elements, linked to seven endocrine glands in the physical body.

Let us see the distribution of colours in major chakras.

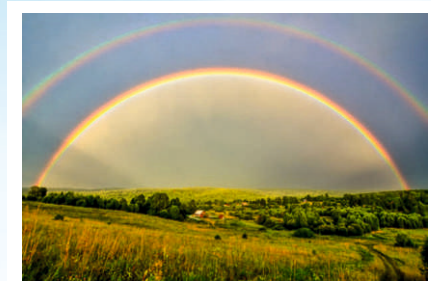
<b>SAHASRARA</b>	<b>VIOLET</b>
<b>AJNA</b>	<b>INDIGO</b>
<b>VISHUDHI</b>	<b>BLUE</b>
<b>ANAHATHA</b>	<b>GREEN</b>
<b>MANIPURA</b>	<b>YELLOW</b>
<b>SWADISHTANA</b>	<b>ORANGE</b>
<b>MOOLADHARA</b>	<b>RED</b>



When you read this, you would remember the VIBGYOR colours of the rainbow. The same seven colours in rainbow are distributed in the same order in seven chakras of human body. It is nothing but proof that all human beings, irrespective of nation, religion, caste, community, are part of this universe, created by the Creator.

Now, look at the human body -According to our ancient science. It has an invisible energy body (bio magnetic field, aura), in the form of zero. (Of

Look at this picture of human being with all seven chakras with aura and seven major chakras. A rainbow - It appears as semi-circle. The two limbs touch the Mother Earth. If we complete this semicircle, where is the other half?



Surprisingly, it can be only within Mother Earth. Now visualise, a person with aura and chakras standing in the middle of rainbow with the imaginary completed circle. The middle chakra namely Anahata chakra is seen coinciding with the two limbs of rainbow apparently touching the ground.

Reiki practitioners know that Anahata chakra is the middle one with three chakra above and three chakra below. It links (binding force) lower three chakras (materialistic) and upper three chakras (spiritualism). Lower three are Mooladhara-- for grounding, Swadhishtana -- to be here, enjoying materialistic pleasure, and Manipura--wisdom and metabolism. Anahata chakra stands for Universal love.



The spiritually oriented upper three chakra, namely, Vishudha-- for expression, (chanting Mantras in praise of God) Ajna (through third eye controlling mind and autonomic nervous system and physical body) and Sahasrara -- for reaching a state of Samadhi (becoming one with God).

Transcendence enables one to realise Jeevathama within self and Paramathma, the Creator. When we observe Nature, Nature teaches us how human beings alone are blessed with sixth sense and realise Shakthi within self and to enhance

Shakthi by meditation. To be born as human being, that too in spiritually oriented country like India, we have to be indebted to God.

**"SARVAM SHAKTHI MAYAM"**

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