HEALING HANDS

As a Reiki healer, I have started examining my palms used as Healing hands with renewed interest. God has created us with two distinctive capabilities. One is Sixth sense and another is free movable hands. Our hands are bestowed with the healing energy which bears a resemblance to Creator's palm. As a Reiki healer, when I examine my palm, it dawns on me that the purpose of our existence is to do something for the greater good of the society. In Reiki healing, healer's palm is used to channel the cosmic energy to reach the patient's chakra for healing the disease. Reiki healer's palms acquire the power of drawing and channelizing cosmic energy, Healer uses his sixth sense for understanding the patient's problem and identifying the malfunctioning chakra and his palms for healing the malfunctioning chakra.

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In my opinion, creator has created human beings only with the intention of healing fellow human beings and everything He has created. So hand is the divine tool and we have to use this for protecting everything in Nature.

A Healer's hand acquires the power to draw cosmic energy and channelise the same. How is it possible for any human being to heal others? The scientific explanation, according to Eastern Science is that the entire universe is filled with cosmic energy. Pancha Boothas (Five elements) namely, Earth, Water, Fire, Air and Void are distributed in nature. When a healer, especially a Reiki healer, meditates, divine energy from the Pancha Boothas condenses, flows through the aura (Metaphysical body), seven major chakras and enters the physical body. Another source of energy is from Mother Earth, which reaches Mooladhara Chakra and gets distributed, reaching aura, all chakras and physical body.

Divine Energy from cosmos and Mother Earth are the two sources of energy. Meditation allows uninterrupted flow of divine energy and it empowers the healer. Healer, at this stage becomes part of nature reaching the stage of 'samadhi'.

'Healing Hands' – with unconditional love is to heal the needy (diseased person). When healer opens the palms, abundant divine energy, with healing power flows through the palm chakra.



The energy which flows through the palm is not generated from human body. It is the natural source of cosmic energy, after filling up the healer's body (Physical and Meta Physical), flows through the palms of the healer. It is capable of healing both physical and psychosomatic diseases, when patients with full faith open up to allow the flow of energy. The five fingers of the palm in the healer's hand enhance the healing power. The five fingers, just like the cosmos, is constituted by the five elements. Thumb-Void (Cosmos), Index finger -air, Middle Finger -fire, Ring finger -Water and little finger -Earth. So one can channelise cosmic energy and also the essence of the five elements through his palm.

Now observe God's blessing posture in Sanctum Sanctorum -- unique gesture of blessing every one with open palm and fingers. Healer' palms also assume the same posture while healing. This does not make the healer say 'I am a God!!'.. Humility makes a healer achieve enormous power to channelise abundant cosmic energy. Healer is not the source of energy. He is merely a pathway created to heal the needy.

Realise the inherent power in self, by learning Reiki. And keep the society in good health and peace.

Dr.P.S.Lalitha, M.V.Sc, Ph.D Reiki Grandmaster, Acupuncturist Consultant, Bharathi Rajaa Speciality Hospital Flat no 8, coral block, Park Royale Apartments 21, Kottivakkam Kuppam Road, Valmiki nagar Thiruvanmyur, Chenna 600 041 www.pslalitha.com

Phone: 098400 44198



