GOD AND I

Who am I?

As a teacher, with theoretical, practical knowledge and research experience in veterinary anatomy, I was proud of myself. But the knowledge I had was limited to the organs, various systems (morphology) in the body and their microscopic structures (histology and histochemistry). This is strictly western science. The same knowledge is imparted in human anatomy. As associate professor of anatomy, I was teaching both under and post graduates, only western science, limited to the physical body.

Turning point in my life

Before retirement by grace of God, I had access to a new path called "Reiki". A Two day workshop, which I attended to learn 'Reiki' taught me humility. Reiki is an ancient system of therapy where one becomes aware of invisible metaphysical body and the same is used for healing the body and mind of self and others.. My knowledge and teaching was limited to the visible physical body. REIKI (Rei-Universal; Ki-Life force energy) deals with metaphysical body. Reiki work shop dealt with seven major chakras in the metaphysical body [Aura] and their role in health and diseases. This is an eye opener for me. The physical body with several systems, several organs and millions of cells are totally dependent on the energy flowing through Aura and Chakras.

The basic truth is the divine energy from Nature, created by the Creator exists in everyone. The inherent divine energy is responsible for both survival and health. Once I gained this knowledge through Reiki, I took it upon myself to spread this knowledge to the society. My teaching and research experience in modern science enabled me to combine this ancient system of medicine [reiki- healing through cosmic energy] with modern science. Thus, once again I have become a teacher with the sole intention of keeping the society in good health, by making them realize the healing power within. By this the society can survive with good health, peace of mind and help others also.

ROLE OF CHAKRAS

Human body has visible physical and invisible metaphysical body, In the metaphysical energy body, surrounding physical body, seven major Chakras are present Seven major chakras, Mooladhara, Swadhishtana, Manipura, Anahatha, Vishudha, Ajna and Sahasrara are the energy centers through which universal cosmic energy flows continuously into the physical body. Each chakra is linked to one endocrine organ within the physical body. The five elements (Pancha Boothas) in the nature are also distributed in the seven major chakras. The entire physical body visible to the naked eye survives in good health due to the energy flow through chakras.

What Is Health

Health is uninterrupted flow of cosmic energy through aura and chakras, reaching endocrine organs, Harmony among chakras results in harmony among endocrine glands. Within the physical body, energy received by the endocrine glands is transmitted to the neurotransmitters, activating all the cells in the body. So health depends on cosmic energy, which has also healing power.

Disease

Interruption to the flow of cosmic energy through aura/chakras results in malfunctioning of chakras. So no chakra is independent. If one chakra is blocked or accumulates negative energy, it leads to disharmony among other chakras also, causing diseases.. This is according to principles of Reiki.. Malfunctioning of all chakra reflects on the deficiency or excessive secretion of corresponding endocrine gland, resulting in hormonal imbalance.

The lesson I have learnt through Reiki is that my body, which I claim as mine is not under my control. I cannot order any of my internal organs, but all these organs carry out their functions automatically [bio rhythm/ circadian rhythm].. But their function is dependent on flow of cosmic energy, created by God, existing in Nature, as invisible force. So within me cosmic energy [divine power] is functioning acting as remote control, As long as I am aware of this, I can lead a healthy life. Finally, as a healer I have also realized that God has created all human beings with divine energy; but human being, misusing his sixth sense has created diseases. So total surrender to Him makes me realize divine healing power in me. I share this knowledge to help the society in good health..

Learning this art through proper master makes one realize the healing power in self.

Meditation on one's own Chakras, enhances the healing power.

Creating healers to heal the sick persons, by channelizing cosmic energy is an art.

So the word "I'=EGO', if eliminated, anyone can become a healer

Dr.P.S.Lalitha

www.pslalitha.com

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